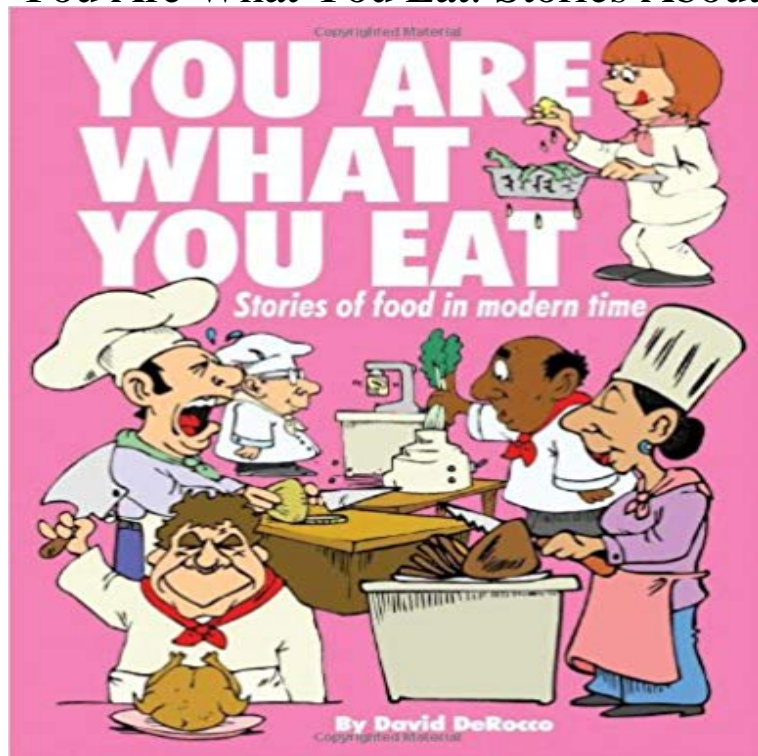


You Are What You Eat: Stories About Food In Modern Times



You Are What You Eat: Stories about Food in Modern Times is a reproducible book that includes 25 stories about issues relating to food and modern food production. The stories are written at an intermediate level. The 25 topics are: Food labels, Nanotechnology and food, Food allergies, Food borne illnesses, Type 2 diabetes, Factory farming, BMI (Body Mass Index), Pesticides and food, Pollinator decline, Seedbanks, Agricultural monoculture, Water, Globalization food, Food preservatives, Obesity, Famine, Factory food, New Food Pyramid: MyPyramid, Organic food, Fast food, Slow food, White whole wheat, Genetically modified foods, Good vs. Bad Carbs, and Nutraceuticals, Each units is complimented by a variety of exercises covering most skill areas.

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